

PROMOTING GOOD MENTAL HEALTH IN THE WORKPLACE

23 JUNE 2023 - NEWARK SHOWGROUND

The Big Business Challenge has been developed to provide companies with an event to bring together teams in an informal setting where they will compete in a series of physical and mental team-building challenges developed to utilise hidden skills, encourage teamwork and provide a serotonin boost!

Investing in team-building events such as The Big Business Challenge will build stronger teams, stronger companies and stronger brands. It will improve collaboration, generate ideas, solve problems, increase confidence and build team spirit.

It provides an opportunity for organisations to share best practice, network, develop internal relationships and help promote good mental health, whilst recognising and rewarding employees with an adventurous fun-filled day.

Join the fun and promote the business benefits attained when promoting good mental health and wellbeing within the workplace.

Enter your team today

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